



When an earthquake or other emergency occurs, you may not be at home. Keeping these items in a backpack at your desk will make you more comfortable and help you be prepared for the hectic hours ahead. They're also useful during non-emergency situations!

## Emergency supplies to keep at your desk

Antibacterial Wipes Matches

Battery Radio Medical Gloves
Dollars & Quarters Phone Numbers
Dust Mask (N95) Plastic Bags
Family Photo Prescription Meds

First Aid Book Rain Poncho

First Aid Kit Snacks

Flashlight & Batteries Space Blanket Goggles Toilet Paper

Heat Pak Upset Stomach Medicine

Insurance Info Water Leatherman / multi tool Whistle

Lightsticks

Manual Can Opener

## **Explanation of items**

Antibacterial Wipes Keep hands clean and conserve water

Battery Radio Keep informed when power is out and you leave your desk

Dollars & Quarters ATMs may not work. Businesses can require cash payments and have

Work Gloves

minimal change. Pay phones will be useable before residential phones

Dust Mask (N95) Minimize inhaling dust after an earthquake

Family Photo Help other to locate your family members

First Aid Book Assist with first aid treatment

First Aid Kit Treat minor injuries

Flashlight & Batteries Power may be out. Keep the batteries in their original package and

replace before the expiration date

Goggles Protect eyes from dust and debris

Heat Pak Warmth or injury treatment

Insurance Information Keep a duplicate copy with you in case you can't get back in your house

Knife/ Leatherman Multi use tool for most situations

Lightsticks In case batteries don't work...lightsticks give up to 12 hours of light

Matches Not to be used if natural gas is present. Cooking fires, lanterns

Medical Gloves Bacteria protection while giving first aid

Phone Numbers Out of area contact who can relay information to other family members.

Local area codes will be blocked. School emergency contact numbers.

Plastic Bags Disposal of waste products

Prescription Medications Keep at least a three day supply with you

Rain Poncho Protection from rain

Snacks Provide nourishment while trying to get home

Space Blanket Light weight, compact, will keep you warm

Toilet Paper In case you're stranded!

Upset Stomach Meds Relief in case you eat bad food or water

Water At least one gallon in your car...replace every 6 months

Whistle Provide a means to call for help

Work Gloves Protect hands from glass and other hazards

## Include anything else that will make you more comfortable!