

Family Photo

□ First Aid Book

□ First Aid Kit

Garden Hose

Household Bleach

Goggles

□ Heat Pak

□ Feminine Hygiene Products

□ Fire Extinguisher (ABC)

□ Flashlight & Batteries

Heavy Duty Aluminum Foil



The first 72 hours after a major emergency or disaster are critical. Electricity, gas, water, and telephones may not be working. In addition, public safety services such as police and fire departments will be busy handling serious crises. You should be prepared to be self-sufficient — able to live without running water, electricity and/or gas, and telephones — for at least three days following a major emergency but more than likely 7-10 days. To do so, keep on hand in a central location (preferably in a rolling trash can) the following:

Emergency Supplies to Keep at Home

- Antibacterial Wipes Leatherman / multi-use tool □ Axe Light sticks □ Bar of Soap □ Lip Balm Battery Radio & Batteries Manual Can Opener Matches Bicycle Medical Gloves Blankets or Sleeping Bags Old Clothes □ Broom Camping Stove (& supplies necessary to operate stove) Paper Towels Candles and Matches Phone Numbers □ Change of Clothing (per family member) Plastic Bags City Maps Plastic Tarps Communication Kit (paper, pens/pencils, markers, duct tape, stamps, envelopes) Plates and Cups □ Cutlery (knives, forks, spoons) Prescription Meds Deodorant □ Rain Poncho Dollars & Quarters (\$100 in \$0.25, \$1 & \$5 □ Rope (1/2" coil) & 50' Nylon Cord increments) □ Dust Mask (N95) & ear plugs □ Shampoo & Comb Eveglasses □ Shovel
 - - □ Snacks
 - Space Blanket
 - Sturdy Shoes
 - □ Tent
 - □ Tissue
 - Toilet Paper
 - □ Tool Kit (screwdriver, pliers, hammer, crescent wrench, small pry bar)
 - □ Toothbrush & paste
 - Upset Stomach Medicine
 - Vitamin C
 - Water (1 gallon per family member/day)

- Household Keys & Car KeysInsurance Info
- Knife or Razor Blades
- Large Trash Bags

Water Purification KitWhistle & Small Mirror

Window Replacement Supplies (plastic tape, staple gun, sheeting)

Work Gloves

Explanation of items

Antibacterial Wipes Keep hands clean and conserve water

Axe Breakdown debris, create cribbing supplies

Bar of Soap Personal hygiene, first aid

Battery Radio Keep informed when power is out and you leave your car

Bicycle Road may be impassible by car

Blankets or Sleeping Bags Sleeping and warmth

Broom Clean area, move debis

Camping Stove Cooking- make sure you have operated your stove before an actual

disaster

Candles & Matches Lighting- electricity may be out for some time or cooking

Change of Clothing Personal hygiene or first aid supplies

City maps Need to navigate quickly and find alternate routes

Communication Kit Use for documentation

Cutlery Eating

Deodorant Personal hygiene, aid comfort in stressful situations

Dollars & Quarters ATMs may not work. Businesses can require cash payments and have

minimal change. Pay phones will be useable before residential phones

Dust Mask (N95) & Ear Plugs Minimize inhaling dust after an earthquake, protect ears

Eyeglasses Keep an old pair of glasses available in case yours are lost or damaged

Family Photo Help other to locate your family members

Feminine Hygiene Products Personal hygiene

Fire Extinguisher Extinguish small fires

First Aid Book Assist with first aid treatment

First Aid Kit Treat minor injuries

^{*} Note- make sure your home kit accounts for the special needs of ALL family members i.e. babies (diapers, sanitation supplies, formula, food, bottles, comfort gear, toys, treats) & pets (leash, muzzle, food, water, water dish, ID tags, toys, treats, photo, litter pan, litter, medical information)

Flashlight & Batteries Power may be out. Keep the batteries in their original package and

replace before the expiration date and head lamp with spare batteries

Garden Hose Siphoning and firefighting

Goggles Protect eyes from dust and debris

Heat Pak Warmth or injury treatment

Heavy Duty Aluminum Foil Cooking

Household Bleach Purify water

Household Keys & Car Keys Entry/locking home and car

Insurance Information Keep a duplicate copy with you in case you can't get back in your house

Knife or Razor Blades Cut debris

Large Trash Bags Storage of waste

Leatherman/Multi-use Tool Multi use tool for most situations

Light sticks In case batteries don't work...lightsticks give up to 12 hours of light

Lip Balm Keep lips healthy

Manual Can Opener To open canned food

Matches Waterproof matches in a container but not to be used if natural gas is

present. Cooking fires, lanterns

Medical Gloves Bacteria protection while giving first aid

Old Clothes Comfort and protection from elements

Paper Towels Keep area/person clean

Phone Numbers Out of area contact who can relay information to other family members.

Local area codes will be blocked. School emergency contact numbers

and copies of ID

Plastic Bags Disposal of waste products

Plastic Tarps Shelter

Plates & Cups Eating

Prescription Medications Keep at least a three day supply with you

Rain Poncho Protection from rain

Rope (1/2" coil) & 50' Nylon Cord Multi-use piece of gear

Shampoo & comb If you have the opportunity to freshen up

Shovel Digging

Snacks Provide nourishment while trying to get home

Space Blanket One for each family member- light weight, compact, will keep you warm

Sturdy Shoes Protect feet from broken glass, nails, etc.

Tent Shelter

Tissue Multi use product

Toilet Paper In case you're stranded!

Tool Kit Multi-use gear

Toothbrush & Paste You may not get home for a while

Upset Stomach Meds Relief in case you eat bad food or water

Vitamin C Promote health in stressful situations

Water At least one gallon in your car...replace every 6 months

Water Purification Kit Making water healthy for human consumption

Whistle & Small Mirror Provide a means to call/signal for help

Window Replacement Supplies Improve shelter

Work Gloves Protect hands from glass and other hazards

Include anything else that will make you more comfortable!